

CBAPP *Uniondale* Program Overview

In 1996, Planned Parenthood of Nassau County (PPNC) launched a Community Based Adolescent Pregnancy Prevention (CBAPP) program in Roosevelt. Nine years later, not only have Roosevelt's teen pregnancy and birth rate declined, but thousands of teens have received access to free family planning services, learned about the benefits of abstinence and participated in positive youth development programs.

Funding from the New York State Department of Health in 2005 made it possible to develop a new CBAPP Program targeting youth from the *Uniondale* community. PPNC, the lead agency executing this initiative, is partnering with **Grace Multi-Community Development Corp., Uniondale Community Council** and **S.T.R.O.N.G. (*Struggling to Re-Unite Our New Generation*)**. Technical partners includes; *Hofstra University TLC Program, Hofstra Young Women's Writing Project, Nassau County Youth Board, Long Beach Reach, Circulo de la Hispanidad and Nassau University Medical Center – Family Planning Clinic*. The new partnership launched officially in January 2006 and is renewable yearly for five years, and will provide a comprehensive umbrella of education and pregnancy prevention services, including:

- ➔ Providing education to youth that promotes abstinence first and delays the onset of sexual activity;
- ➔ Education and outreach that encourages parental involvement and family communication;
- ➔ Researching, developing and providing age, gender and culturally appropriate abstinence plus and medically-accurate workshops for adults and adolescents on topics such as abstinence, effective communication, self-esteem, pregnancy prevention, STI prevention and responsible choices;
- ➔ Working with the *Uniondale* school board, PTSA and administrators to promote education on abstinence and reproductive health care to delay the onset of sexual activity;
- ➔ Ensuring that sexually active adolescents obtain access to family planning and comprehensive health care services to prevent pregnancies, HIV and STD's;
- ➔ Providing youth development activities that enhance self-esteem, life skills and opportunities;
- ➔ Building partnerships in the community to develop a comprehensive, long term response to adolescent pregnancy;
- ➔ Providing literacy programs, technology camp and mentoring programs.

As a result of CBAPP, PPNC hopes to aid in the DOH's efforts to further reduce adolescent pregnancy. Anticipated outcomes include reducing the rate of sexual activity among teens and ensuring that the number of sexually active adolescents who regularly utilize effective contraceptive methods increases. Based on our prior experience implementing a CBAPP program, our strong ties to the community and our partners' ability to access and influence at-risk youth, we are confident that we can truly make a difference in the lives of young people in *Uniondale*.

For more information regarding CBAPP *Uniondale*, contact Denise A. Morone at 516-750-2607 or denise.morone@ppnc.org.